FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington	D	C	20549	

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Preusse Mary Hogan				I	2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]							[Che	elationship of ck all applica Director		Perso	n(s) to Issue 10% Owi	
(Last)	st) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 04/17/2023								Officer (g	give title		Other (sp below)	ecify
4747 BETHESDA AVENUE SUITE 1300				4	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) BETHES	SDA M	ID .	20814										Form file Person	Form filed by More than One Reporting Person			
(City)	(S	State)	(Zip)	F [Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.								atisfy				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			2. Transact Date Month/Day	Execution Date,		Date,	Transaction Dispose Code (Instr.		ities Acquired (A) or d Of (D) (Instr. 3, 4 and 5)		Beneficial Owned Fo	Form (D) or		Direct Ir Indirect B tr. 4) C	7. Nature of ndirect Beneficial Ownership		
							Code	v	Amount	(A) (D)	Price	Reported Transactio (Instr. 3 ar			(1	Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code	nsaction Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Am Securities Unde Derivative Secu (Instr. 3 and 4)		Underlying Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)		Date Exercisable		piration ate	Title	Amount or Number of Shares		(Instr. 4)	J.1(J)		
Deferred Stock Units Div. Equiv. Rights	(1)	04/17/2023		A		397.1226		(2)		(2)	Common Stock	397.1226	\$0.0	4,131.0	579	D	

Explanation of Responses:

- 1. Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.
- 2. The dividend equivalent rights accrued on deferred stock units held by the reporting person and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan.

By: /s/ William K. Kelso,

Attorney-in-Fact For: Mary 04/18/2023

Hogan Preusse

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.