FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average b	ourden										

0.5

hours per response:

	Check this box if no longer subject
\Box	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BULLS HERMAN E					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]										ck all app Direc	olicable) tor	ting Person(s) to		Owner
(Last) 4747 BE	Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 05/18/2023									er (give title v)		Other (s below)	specify
SUITE 1300					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BETHESDA MD 20814														X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	Rule 10b5-1(c) Transaction Indication																		
		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																	
		Table	I - No	n-Deriva	tive S	ecur	ities	Acq	uired, I	Disp	osed of	, or E	3ene	ficial	ly Owr	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution			Date,	3. Transaction Code (Instr. 8) 4. Securiti Disposed and 5)							cially I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	nt (A) or (D)		rice	Report Transa		(
Common Stock 05/18/2						2023			A		9,221	1 A		\$0.0	24,934.359			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Numl of Deriv Secu Acqu (A) o Dispo of (D) (Instr	vative rities nired r osed)	6. Date E Expiratio (Month/D	n Dat			int of rities rlying ative rity	Derivativ Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersh Form: y Direct (D or Indirec (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amou or Numb of Share	er					

Explanation of Responses:

By: /s/ William K. Kelso, Attorney-in-Fact For: Herman 05/21/2023 E. Bulls

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Signature of Reporting Person Date

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).