FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

0.5

hours per response:

	Check this box if no longer subject
$\overline{}$	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

											-								
1. Name and Address of Reporting Person* RAKOWICH WALTER C					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									ck all app	ationship of Reporti k all applicable) Director Officer (give title below)		rson(s) to I		
(Last)	(First) (Middle) BETHESDA AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 05/18/2023												Other (spe below)	
SUITE 1300					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	(Street) BETHESDA MD 20814												X	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate) (Z	Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is interesting the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										ended to				
		Table	I - No	n-Deriva	tive S	ecui	ities	Acq	uired,	Dis	osed of	, or I	Benef	ficiall	y Owr	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Deemed cution Date, y nth/Day/Year)					ies Acquired (A Of (D) (Instr. 3		, 4 Secu Bene Own		cially I Following	6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)		rice	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)
Common Stock 05/18/2						2023					9,221	A	A :	\$0.0 62,3		303.7027		D	
		Tab	ole II -	Derivativ (e.g., put											Owne	ed	,		•
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu if any	3A. Deemed Execution Date, if any (Month/Day/Year)		ction nstr.			6. Date Exercisa Expiration Date (Month/Day/Year		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y Di or (I)	LO. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amou or Numb of Share	er					

Explanation of Responses:

By: /s/ William K. Kelso,

Attorney-in-Fact For: Walter 05/21/2023

C. Rakowich

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.