FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

OMB APPROVAL							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

GHOSH SOURAV	2. Date of Event Requiring Stater (Month/Day/Yea 06/14/2019	ment	3. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [ HST ]							
(Last) (First) (Middle) 17700 CRICKET HILL DRIVE	00/11/2010		Relationship of Reporting Person(s) to (Check all applicable)  Director 10%		(Mo	5. If Amendment, Date of Original Filed (Month/Day/Year)				
(Street) GERMANTOWN MD 20874			X Officer (give title X Other below)  SVP, Business Intelligence / SVP,  Intelligence		App	Individual or Joint/Group Filing (Check plicable Line)  X Form filed by One Reporting Person Form filed by More than One				
(City) (State) (Zip)			, and the second			Reporting Po	erson			
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)			eneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		Beneficial Ownership				
Common Stock			10,915(1)	D						
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr.		4. Conversion or Exercise Price of		6. Nature of Indirect Beneficial Ownership (Instr. 5)			
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	or Indirect (I) (Instr. 5)				
Non-Qualified Stock Option (right to buy)	07/15/2015	12/31/2025	Common Stock	1,762	21.09	D				
Non-Qualified Stock Option (right to buy)	02/17/2015	12/31/2025	Common Stock	851	23.56	D				

## **Explanation of Responses:**

1. Includes shares owned as well as restricted stock units which vest in three equal annual installments beginning on the first anniversary of the grant and will be settled in shares of Issuer's common stock.

By: Elizabeth A. Abdoo For: Sourav Ghosh

06/24/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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