FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							•	,				' '									
1. Name and Address of Reporting Person*  LARSON GREGORY J						2. Issuer Name <b>and</b> Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [ HST ]										neck all D	appli irecto	p of Reporting Per blicable) ctor er (give title		son(s) to Iss 10% Ov Other (s	wner
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 02/02/2012										A b	elow)	)	tegy	below) & Fund M	
SUITE 1500  (Street)					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)										ie)		·		g (Check Ap	
BETHES	BETHESDA MD 20817				_										F		filed by Mor		n One Repo		
(City)	(S	tate)	(Zip)																		
		Tab	le I - No			_			Acq		Dis	·									
1. Title of Security (Instr. 3) 2. Tran Date (Month						ar)	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transa Code (I 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				4 and 5) Securit		es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
											v	Amount		(A) or (D)	Price	Tra	ansac	tion(s) and 4)			(11150.4)
Common Stock 02/					2/2012	2				J <sup>(1)</sup>		100,968		A	\$16.	28	183	3,152	2 D		
Common Stock 02/02/					/2012	2			F		44,536		D	\$16.	28	138	3,616	D			
Restricted Stock 02/02					/2012	2			J <sup>(1)</sup>		100,967		D	\$16.	28	282	2,901		D		
Restricted Stock 02/02/2					/2012	2				J <sup>(2)</sup>		160,583		D	\$ <del>0</del> .	\$0.0		122,318		D	
Deferred Bonus Stock Award															235			D			
		ī	able II -									osed of onverti				y Own	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transactio Code (Inst 8)		on of E			. Date Exercisa xpiration Date Month/Day/Yea		r) of S Und Der		Fitle and Amoun Securities derlying rivative Security str. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: y Direct (D) or Indirec (I) (Instr. 4		11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v				ate xercisabl		xpiration ate Title			Amount or Number of Shares						
Non- Qualified Stock Option (right to buy)	\$0.0						1		2/31/201	2 0:			nmon ock	14,372			14,372		D		
Non- Qualified Stock Option (right to	\$8.018								1	.2/31/201	0 0	5/14/2019		nmon ock	37,150			37,150	)	D	

## Explanation of Responses:

- 1. This transaction represents the release of restrictions on shares of restricted stock from the 2009 Performance Grant which vest based on performance objectives, and the inclusion of such shares into unrestricted common stock
- 2. These shares represent the forfeiture of restricted stock under the Comprehensive Stock Plan for the performance years 2009 2011.

By: Elizabeth A. Abdoo For: Gregory J. Larson

02/06/2012

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.