FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MORSE JOHN B JR						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]										onship of Reporting		10% O		Owner	
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 05/16/2013										belov	er (give title v)	e Other below		(specify	
SUITE 1500						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BETHESDA MD 20817			20817												X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(St	ate) (Zip)																		
		Tabl	e I - Non	-Deriva	ative	Sec	curitie	s Ac	quired	, Dis	posed o	f, or	Bene	efici	ally C)wne	ed				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date					Execution		ecution any	Date,			ties Acquired (A) o Of (D) (Instr. 3, 4			and 5) Secu Bene		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount		(A) or (D)	Pric	, l	Transa	action(s) 3 and 4)			(111501.4)			
Restricted-Annual Director Stock Award 05/16/2							2013		A		4,812.8342		A	\$18.7		7 44,538.67			D		
Common Stock																3,000			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			Date, 1	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Ame or Nun of Sha								

Explanation of Responses:

By: Elizabeth A. Abdoo For: John B. Morse, Jr.

05/20/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.