FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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Check this box if no longer subject	
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
RISOLEO JAMES F					HOST HOTELS & RESORTS, INC. [HST									7	X Director			10% O	wner	
(Last) (First) (Middle)				Ľ	J										ficer (give title low)		Other (specify below)			
4747 BETHESDA AVENUE				3. Date of Earliest Transaction (Month/Day/Year) 02/09/2023									President and CEO							
SUITE 1300					02/07/2023															
					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BETHES	SDA MI	D 2	0814											7	Form	rm filed by One Reporting Person				
-															Form filed by More than One Reporting Person					
(City)	(St	ate) (Z	Zip)																	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired	d, Dis	posed of	, or l	Bene	ficial	ly Own	ed				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Execution			on Date, Transaction Code (Inst						A) or i, 4 and		ties cially I Following	Form:	: Direct Indirect	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or F	Price	Report Transa (Instr.	ed ction(s) 3 and 4)			(Instr. 4)	
Common Stock 02/09/2					2023				F		25,308	I)	\$18.45	5 1,506,884			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any		4. Transaction Code (Instr. 8)		of	r osed (1. 3, 4	Expira	e Exerc ation Da h/Day/\			unt of rities erlying rative rity (In	S (I	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y [0	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	/ (A) (D)		Date Exerc	isable	Expiration Date	Title	Amo or Num of Shar	ber						

Explanation of Responses:

By: /s/ William K. Kelso, Attorney-in-Fact For: James F. 02/12/2023 Risoleo

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.