FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287
Estimated average t	ourden
hours per response:	0.5

Check this box i to Section 16. F obligations may Instruction 1(b).		STA	Filed p	ursuar		of the Securiti	NEFICIAL OWN ies Exchange Act of 1934 npany Act of 1940	_		OMB Numbe Estimated av nours per re	verage bur	3235-0287 den 0.5
1. Name and Address of Reporting Person* Aslaksen Julie P (Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300				2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST] 3. Date of Earliest Transaction (Month/Day/Year) 11/16/2020					ationship of Rep (all applicable) Director Officer (give below) EVP, Gene	title	10% C Other below	Owner (specify)
(Street) BETHESDA (City)	MD (State)	20814 (Zip)		4. If Ai	mendment, Date of	f Original Filed	d (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/G Form filed by Form filed by Person	/ One Rep	orting Per	son
	Ta	able I - No	n-Derivati	ive S	ecurities Acq	uired, Dis	posed of, or Benel	ficially	Owned			
1. Title of Security	(Instr. 3)		2. Transactio	on	2A. Deemed	3. Transaction	4. Securities Acquired (A Disposed Of (D) (Instr. 2		5. Amount of		vnership	7. Nature

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (4. Securities Disposed Of 5)			Securities Beneficially	Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	11/16/2020		F		3,577	D	\$13.73	51,945	D	

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		Tal	ble II - Derivat (e.g., pເ					ired, Disp options, d					d		
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction 3A. Deemed Execution Date Execution Date if any or Exercise (Month/Day/Year)		4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

By: William K. Kelso For: Julie P. Aslaksen

11/18/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.