FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

wasnington, D.C. 20

OMB	APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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								icker or Tradir					(Checl	k all applicat Director	ole)	Persor	10% Ow	ner
	ERY COM	IMUNICATION			3. Date 08/31/		st Tra	nsaction (Mor	nth/Da	ay/Year)				oπicer (g below)	ive title		Other (s below)	респу
(Street) SILVER	SPRING N	ИD	20910-3354		4. If An	nendment	t, Dat	e of Original F	iled (f	Month/Day/	Year)			Form file	d by One	Report	porting Person	
(City)	(\$	State)	(Zip)															
	• " "		Table I - Non			_			Disp	Т							1.	
1. Title of	Security (Ins	tr. 3)		2. Transa Date (Month/D		2A. De Execut if any (Month	tion D	Code (I		4. Securit Disposed				Officer (give title below) Officer (give title below) Officer (give title below) Officer (give title below)	Direct Indirect It. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	VERY COMMUNICATIONS, 1 SCOVERY PLACE, 9TH FLO SPRING MD (State) (State) (Z Tak Security (Instr. 3) d-Annual Director Stock Award Conversion Of Exercise (Month/Day/Year) 3A Extra Conversion (Month/Day/Year) 2Exercise (Month/Day/Year) 2					_		Code	v	Amount	(A) (D)	(A) or (D) P		Transaction(s)				. ,
1. Title of 2. Derivative Conversion Security or Exercise (Month/Day/Year) if any				ive Securities Acquired, Disposed of, or Beneficially Owned									,575 D					
			Table II - I	Derivat e.g., pu	ive Se uts, ca	ecuritie alls, wa	es A arrar	cquired, D nts, option	ispo s, c	osed of, onvertib	or Ben le seci	eficia uritie	illy Ov s)	vned				
Derivative	Conversion or Exercise Price of Derivative	Date	Execution Date,	Code	action (Instr.	5. Numb Derivativ Securitic Acquired or Dispo of (D) (Ir 3, 4 and	ve es d (A) osed ostr.	6. Date Exerc Expiration Da (Month/Day/)	ate	e and	7. Title a Securitie Derivativ (Instr. 3	s Unde	rlying	Derivative Security	derivativ Securitie Benefici Owned Followin Reported	ve es ally ng d	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Ex	piration te	Title		ount or ber of es					
Non- Employee Director Def. Stock Units	\$0	08/31/2004		A		66.8241		08/31/2004 ⁽¹⁾	08/	/31/2013 ⁽¹⁾	Commor Stock	66	8241	\$13.25	66.82	241	D	
Non- Employee Director Def. Stock Units	\$0							01/31/2003 ⁽¹⁾	01	1/31/2013	Commor Stock	231	.9109		231.9	109	D	
Non- Employee Director Def. Stock Units	\$0							02/28/2003 ⁽¹⁾	02	2/28/2013	Commor Stock	179	.4688		179.4	688	D	
Non- Employee Director Def. Stock Units	\$0							03/31/2003 ⁽¹⁾	03	3/31/2013	Commor Stock	18:	2.615		182.6	515	D	
Non- Employee Director Def. Stock Units	\$0							04/30/2003 ⁽¹⁾	04	4/30/2013	Commor Stock	158	.5289		158.5.	289	D	
Non- Employee Director Def. Stock Units	\$0							05/30/2003 ⁽¹⁾	05	5/31/2013	Commor Stock	283	.9296		283.9.	296	D	
Non- Employee Director Def. Stock Units	\$0							06/30/2003 ⁽¹⁾	00	6/30/2013	Commor Stock	138	.9661		138.9	661	D	
Non- Employee Director Def. Stock Units	\$0							07/31/2003 ⁽¹⁾	01	7/31/2013	Commor Stock	250	.6265		250.6	265	D	
Non- Employee Director Def. Stock	\$0							08/29/2003 ⁽¹⁾	08	8/29/2013	Commor Stock	124	.9375		124.9	375	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Da (Month/Day/Yo	te	7. Title an Securities Derivative (Instr. 3 an		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Non- Employee Director Def. Stock Units	\$0							09/30/2003 ⁽¹⁾	09/30/2013	Common Stock	176.2218		176.2218	D	
Non- Employee Director Def. Stock Units	\$0							10/31/2003 ⁽¹⁾	10/31/2013	Common Stock	117.9245		117.9245	D	
Non- Employee Director Def. Stock Units	\$0							11/28/2003 ⁽¹⁾	11/28/2013 ⁽¹⁾	Common Stock	281.7854		281.7854	D	
Non- Employee Director Def. Stock Units	\$0							12/31/2003	12/31/2013	Common Stock	122.7998		122.7998	D	
Non- Employee Director Def. Stock Units	\$0							01/30/2004	01/30/2014	Common Stock	59.125		59.125	D	
Non- Employee Director Def. Stock Units	\$0							02/27/2004	02/27/2014	Common Stock	150.0346		150.0346	D	
Non- Employee Director Def. Stock Units	\$0							03/31/2034 ⁽¹⁾	03/31/2014 ⁽¹⁾	Common Stock	70.1322		70.1322	D	
Non- Employee Director Def. Stock Units	\$0							04/30/2004 ⁽¹⁾	04/30/2014 ⁽¹⁾	Common Stock	74.4989		74.4989	D	
Non- Employee Director Def. Stock Units	\$0							05/28/2004 ⁽¹⁾	05/28/2014 ⁽¹⁾	Common Stock	175.6101		175.6101	D	
Non- Employee Director Def. Stock Units	\$0							06/30/2004 ⁽¹⁾	06/30/2014 ⁽¹⁾	Common Stock	71.8976		71.8976	D	
Non- Employee Director Def. Stock Units	\$0							07/30/2004 ⁽¹⁾	07/30/2014 ⁽¹⁾	Common Stock	91.9355		91.9355	D	

Explanation of Responses:

1. The stock units were accrued under the Host Marriott Corporation Non-Employee Directors' Deferred Stock Compensation Plan and are to be settled in Host Marriott common stock in a lump sum or equal annual installments over a period not to exceed ten (10) years upon the reporting person's termination of service as a Director.

By: Elizabeth A. Abdoo For: Judith A. McHale

09/01/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).