FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C	20549
vvasiliigion,	D.C.	20043

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person BAGLIVO MARY					HOST HOTELS & RESORTS, INC. [HST]								heck all ap	all applicable) Director Officer (give title		Perso	10% Ov	ner	
	THESDA A	irst) VENUE	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 10/17/2022								belo		give title		Other (s below)	pecify	
SUITE 1	300			4									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BETHES	SDA M	ID .	20814										For	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	state)	(Zip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date				2A. Deemed Execution Date if any (Month/Day/Yea		e, Transaction Disposed (ties Acquired (A) or d Of (D) (Instr. 3, 4 and				Form y (D) or		Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
						Code	v	Amount	(A) (D)	Price	Trans	Transaction(s) (Instr. 3 and 4)				(IIISU. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)			(A) ed	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amo Securities Under Derivative Secur (Instr. 3 and 4)				Underlying Security	g Deriva Securi	erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)					
			Code	v			Date Exercisabl		xpiration ate	Title	Amount of Number of Shares			(Instr. 4)					
Deferred Stock Units Div. Equiv. Rights	(1)	10/17/2022		A		306.1666		(2)		(2)	Common Stock	306.160	\$0.)	3,746.59	018	D		

Explanation of Responses:

- 1. Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.
- 2. The dividend equivalent rights accrued on deferred stock units held by the reporting person and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan.

By: /s/ William K. Kelso, Attorney-in-Fact For: Mary L. 10/18/2022 **Baglivo**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.