FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an		2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify									
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE SUITE 1500					3. Date of Earliest Transaction (Month/Day/Year) 11/29/2012								- X Officer (give title Other (specify below) Chairman of the Board						
					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BETHESDA MD 20817				_										X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)														1 010	011				
		Tabl	e I - Non-De	ivativ	e Sec	uritie	s Ac	quire	ed, D	isposed (of, or I	Benefic	ially	y Owne	ed				
1. Title of S	2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)		e, -	3. Transaction Code (Instr. 8)		4. Securities Acquir Disposed Of (D) (Ins				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							-	Code	v	Amount	(A) or (D)	Price		Transacti (Instr. 3 a	on(s)		""	isu. 4)	
Common	Stock - Tru	st 09	11/29/	2012				S		32,000	D	\$14.52	77	92,	868	I	by	7 Trust	
Common	Stock - Tru	st 17	11/29/	2012				S		18,000	D	\$14.52	277	52,	424	I	by	7 Trust	
Common	Stock													5,740,2	244.517	D			
Common	Stock - Oth	er												1,330	0,610	I	by Pa	/ artnership	
Common Stock - Retirement Shares														1,8	338	D			
Common Stock - SpTrstee														506,575		I	by	7 Trust	
Common	Stock - Spo	ouse												76,	957	I	by	Spouse Spouse	
Common Stock - Trust 03														140,008		I	by	7 Trust	
Common Stock - Trust 04														128,480		I	by	7 Trust	
Common Stock - Trust 05														102,427		I	by	7 Trust	
Common Stock - Trust 06														139	,353	I	by	y Trust	
Common Stock - Trust 08														73,499		I	by	y Trust	
Common Stock - Trust 10														140	,058	I	by	7 Trust	
Common Stock - Trust 11														78,591		I	by	7 Trust	
Common Stock - Trust 12														72,	461	I	by	7 Trust	
Common Stock - Trust 13														57,	768	I	by	7 Trust	
Common Stock - Trust 14														78,	960	I	by	7 Trust	
Common Stock - Trust 16														41,	452	I	by	7 Trust	
Common Stock - Trust 18													78,983		I	by	7 Trust		
		Та	ble II - Deriv (e.g.,							posed of, convertil				Owned					
Derivative Conversion Date Execut Security or Exercise (Month/Day/Year) if any			3A. Deemed Execution Date, if any (Month/Day/Year	tion Date, Trans Code				Expir	te Exe ration th/Day		Amou Secur Under Deriva Secur	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		Price of erivative ecurity istr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form: Direct or Indi (I) (Inst	(D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	or Number of Shares	er							

Richard E. Marriott

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.