FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
vvasiiiiiqtoii,	D.C.	20049

STATEMENT	OF CHA	NGES IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Smith Gordon H				2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]						[] Che	ck all applica Director	ble)	1	on(s) to Issuer			
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 07/15/2022							Officer (below)			Other (sp pelow)	er (specify w)	
(Street)				4	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(City)		state)	(Zip)	-	Form filed Person						ed by More t	d by More than One Reporting					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date				action 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.			5. Amount Securities Beneficial Owned Fo	ly (6. Owners Form: Dire (D) or Indi (I) (Instr. 4	ect In rect B) O	7. Nature of ndirect Beneficial Ownership				
								Code	v	Amount	nount (A) or (D)		Transaction (Instr. 3 ar			(11)	nstr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr.) 8)		Derivative E		6. Date Exercisable and Expiration Date (Month/Day/Year)				8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio	Owners Form: Iy Direct (I or Indire (I) (Instr	nership m: ect (D) Indirect	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares		(Instr. 4)	,(ə)		
Deferred Stock Units Div. Equiv. Rights	(1)	07/15/2022		A		401.2879		(2)		(2)	Common Stock	401.2879	\$0.0	15,885.31	157	D	

Explanation of Responses:

- 1. Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.
- 2. The dividend equivalent rights accrued on deferred stock units held by the reporting person will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan (the "Plan").

By: /s/ William K. Kelso,

Attorney-in-Fact For: Gordon 07/18/2022

H. Smith

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.