SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person*	2. Issuer Name **and** Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
NASSETTA CHRISTOPHER J	HOST HOTELS & RESORTS, INC. [HST]	X Director 10% Owner X Officer (give title below) Other (specify below) President and CEO

(Last) (First) (Middle)

6903 ROCKLEDGE DRIVE
SUITE 1500

(Street)

BETHESDA MD 20817

(City) (State) (Zip)

3. Date of Earliest Transaction (Month/Day/Year) 04/30/2007

4. If Amendment, Date of Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)
X Form filed by One Reporting Person
Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	04/30/2007		S		7,800	D	$25.61	1,093,249	D	
Common Stock	04/30/2007		S		39,700	D	$25.6	1,053,549	D	
Common Stock	04/30/2007		S		6,400	D	$25.96	1,047,149	D	
Common Stock	04/30/2007		S		1,700	D	$25.95	1,045,449	D	
Common Stock	04/30/2007		S		7,700	D	$25.94	1,037,749	D	
Common Stock	04/30/2007		S		1,600	D	$25.91	1,036,149	D	
Common Stock	04/30/2007		S		32,700	D	$25.9	1,003,449	D	
Common Stock	04/30/2007		S		2,500	D	$25.81	1,000,949	D	
Common Stock	04/30/2007		S		3,600	D	$26.02	997,349	D	
Common Stock	04/30/2007		S		6,200	D	$26.04	991,149	D	
Common Stock	04/30/2007		S		5,800	D	$26	985,349	D	
Common Stock	04/30/2007		S		3,300	D	$26.01	982,049	D	
Common Stock	04/30/2007		S		500	D	$26.03	981,549	D	
Common Stock	04/30/2007		S		3,600	D	$25.99	977,949	D	
Common Stock	04/30/2007		S		15,400	D	$25.98	962,549	D	
Common Stock	04/30/2007		S		11,400	D	$25.97	951,149	D	
Common Stock	04/30/2007		S		200	D	$25.96	950,949	D	
Restricted Stock								744,359	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

By: Elizabeth A. Abdoo For: Christopher J. Nassetta

05/01/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.