FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HAMILTON JOANNE G. (Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300 (Street) BETHESDA MD 20814					3. Da 03/1	2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST] 3. Date of Earliest Transaction (Month/Day/Year) 03/17/2021 4. If Amendment, Date of Original Filed (Month/Day/Year)								(Chec	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below) EVP, Human Resources 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St		Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution		Oate,	3. Transaction Code (Instr. 8) 4. Securitie Disposed C 5)		es Acquired (A) Of (D) (Instr. 3, 4		A) or , 4 and	5. Amo Securi Benefi Owned	ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	Amount	(A) o (D)	r P	rice	Transa	action(s) 3 and 4)			(1115411 4)					
Common	021				S		15,604	D	\$	18.242	152,626			D						
Common	2022				F		4,047	D		\$17.46	46 148,579			D						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ative Conversion Date rity or Exercise (Month/Day/Year) Execution Date, if any			4. Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) o Disp of (D	osed) r. 3, 4	Expira	tion D	exercisable and on Date Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	Ownership	Beneficial Ownership tt (Instr. 4)		
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Title	or Num of Shai							

Explanation of Responses:

By: /s/ William K. Kelso,

Attorney-in-Fact For: Joanne 02/07/2022

G. Hamilton

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).