FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

isnington, D.C. 20049

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MORSE JOHN B JR						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									Relationship of Reportin (Check all applicable) X Director			g Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 07/16/2012										Officer (give title below)			Other (specify below)		
SUITE 1500 (Street) BETHESDA MD 20817					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St	ate) (.	Zip)																	
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired,	, Dis	posed o	f, or	Ben	efici	ally Ow	ned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)						Execution Date,		Transaction Disposed Code (Instr.		ties Acquired (A) o I Of (D) (Instr. 3, 4			nd 5) See Be Ow	Amount of curities neficially ned Following ported	Fo (D	Ownership orm: Direct 0) or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code V		Amount	Amount (A		Price	Tra	nsaction(s) str. 3 and 4)			(11150.4)				
Restricted-Annual Director Stock Award 07/16/2							2012 07/16/2012		J (1)		172.298	32	A	\$15	5.81	1 39,087.08		D		
Common Stock																3,000		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	n Date,	Date, Transact				6. Date E Expiration (Month/I	on Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price Derivativ Security (Instr. 5)	e derivative	ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or	ount nber ires						

Explanation of Responses:

1. Pursuant to the Non-Employee Directors' Deferred Stock Compensation Plan, reporting person is required to reinvest cash dividends in shares of additional Host Hotels & Resort's common stock.

By: Elizabeth A. Abdoo For: John B. Morse, Jr.

** Signature of Reporting Person

07/18/2012

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.