FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.	.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:									

Name and Address of Reporting Person*     OTTINGER JOSEPH					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [ HST ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  X Officer (give title Other (specify					wner	
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300				3. Date of Earliest Transaction (Month/Day/Year) 02/06/2023								SVP & Corp. Controller							
(Street) BETHESDA MD 20814						4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person						
(City)	(St		Zip)																
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					ion 2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)  3. 4. Securities Acqu Disposed Of (D) (In 5)			ired (A)	) or 5. Amo 4 and Securit Benefit Owned		unt of ies cially Following	Forr (D)	wnership m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) c (D)	Pri	ce	Reported Transaction( (Instr. 3 and				(111501.4)			
Common	Stock			02/06/2	2023	3 F 653 D \$18.52 21,434 D													
Common	Common Stock 02/06/2023 F 634 D						\$1	18.52	20,800			D							
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			Transaction of Code (Instr. Derivative			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		unt		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

(A) (D) Exercisable Date

**Explanation of Responses:** 

By: /s/ William K. Kelso,

Title Shares

02/08/2023 Attorney-in-Fact For: Joseph

C. Ottinger

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*\*</sup> Signature of Reporting Person Date

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).