FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington	D C 20540	

Check this box if no longer subject	t
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Preusse Mary Hogan				HOST HOTELS & RESORTS, INC. [HS1]									Director			10% Ow	ner			
		0	48.111.										_	Officer (gi below)	ve title		Other (sp	ecify		
(Last)	,	First)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year)								below)			below)				
4747 BETHESDA AVENUE					05/19/2022															
SUITE 1	300																			
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
BETHES	SDA N	ИD	20814										X	X Form filed by One Reporting Person						
DETTILL	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		20011			Form filed by More than One Reporti									ne Reportin	g Person				
(City)	(\$	State)	(Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month				action Day/Yea	Execution if any	2A. Deemed Execution Date if any (Month/Day/Yea		Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			5. Amount of Securities Beneficially Owned Following Reported		6. Own Form: (D) or I (I) (Inst	Direct Indirect Etr. 4)	7. Nature of ndirect Beneficial Ownership			
									v	Amount	(A) (D)	or	Price	Transaction(s) (Instr. 3 and 4)				nstr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) of Disposed of (I (Instr. 3, 4 and	erivative ecurities cquired (A) or		Exercis on Dat Day/Ye		Securitie Derivativ	7. Title and Amou Securities Underl Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercis		Expiration Date	Title	Nu	nount or imber of nares		Transaction(s) (Instr. 4)					
Deferred Stock Units	(1)	05/19/2022		A		8,226.2211 ⁽²⁾		(3)		(3)	Common	8,	226.2211	\$0.0	50,936	5.6138	D			

Explanation of Responses:

- 1. Each deferred stock unit represents the right to receive one share of common stock of the Issuer.
- 2. The deferred stock units were granted to the director in lieu of an annual stock award.
- 3. The deferred stock units are fully vested and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Host Hotels & Resorts, Inc.'s Non-Employee Directors' Deferred Stock Compensation Plan

By: /s/ William K. Kelso,

05/23/2022 Attorney-in-Fact For: Mary

Hogan Preusse

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.