FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPR	OVAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	haura nar raananaa.	0.1							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HAMILTON JOANNE G.							2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									icable) or r (give title	ting Person(s) to Issuer 10% Owner e Other (specibelow)		wner
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE SUITE 1500					02/	/06/2	013		nsaction (M					xec. Vice		dent-HR			
(Street) BETHESDA MD 20817				_ 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Indiv Line) X										lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)								4		<u> </u>		. 6: - : -							
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					action	2. E ar) if	2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Se Transaction Dispo			ed Of, Of Benefic securities Acquired (A) posed Of (D) (Instr. 3, 4			5. Amor Securiti Benefic Owned	unt of ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	()	() or ()	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common	02/0	02/06/2013				J ⁽¹⁾		12,63	39	A	\$ 16 .	52 34	34,657		D				
Common Stock 02						3			F		6,47	8	D	\$ <mark>16</mark> .	52 28	8,179		D	
Restricted Stock 02/06/									J ⁽¹⁾		12,63	39	D	\$16.	52 50	50,037		D	
Restricted Stock 02/06/2							2013		J ⁽²⁾		19,55	50	D	\$ 16 .	52 30	0,487		D	
		Т							quired, E s, optioi						/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	ed Date,	4. Transa Code (8)	ction	5. Number of		6. Date Exercisa Expiration Date (Month/Day/Yea		able and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersi Form: Direct (E or Indire (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	OI N Of	umber					
Non- Qualified Stock Option (right to buy)	\$0.0								12/31/201	2 0	1/20/2022	Comm		3,782		3,782		D	
Non- Qualified Stock Option (right to buy)	\$0.0								02/05/201	3 0	2/05/2023	Comm		5,631		6,631		D	
Non- Qualified Stock Option (right to buy)	\$12.25								01/20/201	0 0	1/20/2019	Comm),021		9,021		D	

Explanation of Responses:

- 1. This transaction represents the release of restrictions on shares of restricted stock which vests on a periodic basis, and inclusion of such shares into unrestricted common stock.
- 2. Restricted Stock Shares forfeited due to failure to satisfy 2012 performance measures.

By: Elizabeth A. Abdoo For: Joanne G. Hamilton

02/08/2013

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.