FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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	Check this box if no longer subject
	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RAKOWICH WALTER C				2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]										all app Direc	tionship of Report all applicable) Director		10% O	Owner	
(Last) 4747 BE	(First) (Middle) ETHESDA AVENUE				3. Date of Earliest Transaction (Month/Day/Year) 06/05/2023										Officer (give title below)			Other (s below)	specify
SUITE 1300				4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BETHES	(Street) BETHESDA MD 20814												X	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(City) (State) (Zip)				Rule	Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - N	lon-Deriva	tive S	ecui	ities	Acc	quire	ed, Di	sposed c	f, or	Benefic	ially	/ Owr	ned			
Date			2. Transaction Date (Month/Day/Yea	2A. Deemed Execution Da if any (Month/Day/Y		n Date, Tra		Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			and 5) Secu Bene Owne Follo		icially d ving	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Co	ode	v		(A) or (D)	Price		Transa	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock 06/9			06/05/2023	.3				S ⁽¹⁾		3,688	D	\$17.473	.4738(2)		58,615.7027		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if an	Deemed ecution Date, ny onth/Day/Year)	Secur Acqui (A) or Dispo of (D) (Instr. and 5)		ative rities ired osed	Expi (Mor	iration I nth/Day	n Date Amay/Year) Sec Unc Der Sec (Ins		Amount of Securities		rice of ivative urity tr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. These sales were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on 3/2/2023.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$17.405 to \$17.56. The reporting person undertakes to provide the issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

By: /s/ William K. Kelso,

Attorney-in-Fact For: Walter 06/06/2023

C. Rakowich

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.