FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

CTATEMENIT	OF CHANCES	IN BENEFICIAL	OWNEDCHID
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPRO	VAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RAKOWICH WALTER C					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]										all app	onship of Reporting all applicable) Director		Person(s) to Issuer 10% Owner			
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/10/2012										Office below	er (give title w)		Other (specify below)			
SUITE 1500					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BETHES	DA M	D 2	20817												X		n filed by One n filed by Mor on		Ü		
(City)	(St	ate) (Zip)																		
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Acc	quired	, Dis	posed o	f, or	Ben	eficia	ally	Owne	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution		Date,				4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4			and 5) Sec Ber		ount of ities icially d Following ted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount		A) or D)	Price	:	Transaction(s) (Instr. 3 and 4)				(
Restricted	l-Annual Di	rector Stock Aw	ard	05/10/	2012				A		5,603.98	5,603.985 A \$		\$16	6.06 5,603.985		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Month/Day/Year) 3. Transaction Date (Month/Day/Year) if any (Month/Day/Y		n Date, ay/Year) -		Transaction Of Der Sec Acc (A) Dis of (Instr. Sec Acc (A) Dis and		osed) :. 3, 4	6. Date Exerci Expiration Dat (Month/Day/Ye		e	7. Title and Amount of Securities Underlying Derivative Security (Instr. : and 4) Amount or Number of Title Shares		ount mber	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form Direct or Inc (I) (In		11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

By: Elizabeth A. Abdoo For: Walter c. Rakowich

05/14/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.