FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Nashington	D.C.	20549	

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPRO	VAL
OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)									
BAGL	IVO MAI	<u> </u>			11031 HOTELS & RESORTS, INC. [1131]			X	Director			10% Ow	ner						
											Officer (giv	e title		Other (s	pecify				
(Last)	`	First)	(Middle)			te of Earliest Tr	ansac	ction (Month	/Day	/Year)				below)			below)		
==	THESDA A	WENUE			05/1	5/2020													
SUITE 1	300																		
(Ctur -t)					4. If A	Amendment, Da	ite of (Original File	d (M	onth/Day/	Year)		6. Indivi	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	SDA N	MD	20814										X	Form filed	by One	Reportir	g Person		
DETTIES	DA I	WID	20014											Form filed	by More	than O	ne Reportin	g Person	
(City)	(:	State)	(Zip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			Saction 2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr.		ities Acquired (A) or d Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported		6. Own Form: I (D) or I (I) (Inst	Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership					
					Code	v	Amount	t (A) or (D) Pri		Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of 2. 3. Transaction 3A. Deemed 4.					5. Number of			6. Date Exercisable and 7. Title and Amou			nount of	8. Price of	9. Number of		10.	11. Nature			
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transa Code (8)	ction Derivative I		Expiration Date (Month/Day/Year) Securities Underly Derivative Security 3 and 4)				Derivative Security (Instr. 5)	derivative Securities Beneficiall Owned Following Reported	ies ially ng	s Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)				
						Date Exercisable	E: D:	xpiration ate	Title	Nui	ount or mber of ares	er of		Transaction(s) (Instr. 4)					
Deferred Stock Units	(1)	05/15/2020		A		13,916.5009 ⁽²⁾		(3)		(3)	Common Stock	13	,916.5009	\$0.0	13,916	5.5009	D		

Explanation of Responses:

- 1. Each deferred stock unit represents the right to receive one share of common stock of the Issuer.
- 2. The deferred stock units were granted to the director in lieu of an annual stock award.
- 3. The deferred stock units are fully vested and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Host Hotels & Resorts, Inc.'s Non-Employee Directors' Deferred

By: /s/ William K. Kelso For:

Mary L. Baglivo

** Signature of Reporting Person

Date

05/19/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.