FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RISOLEO JAMES F						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
MOOLEO JAMES F															X Direc		tor 1		10% C	wner	
(Last) (First) (Middle)						Date of Earliest Transaction (Month/Day/Year)									X Office below		er (give title w)		Other (specify below)		
6903 ROCKLEDGE DRIVE						02/08/2019									President and CEO						
SUITE 1500																					
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year) 02/12/2019									6. Individual or Joint/Group Filing (Check Applicable Line)						
BETHESDA MD 20817														X	Form filed by One Reporting Person Form filed by More than One Reporting						
(City) (State) (Zip)															Person					orung	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Date			3. Transa Code (8)			4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Secur Benet		cially I Following	6. Owner Form: I (D) or II (I) (Inst	Direct ndirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price	•	Transaction(s) (Instr. 3 and 4)				(111301. 4)	
Common Stock 02/08/3						3/2019					133,12	22	A	\$0.0		567,325		I)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, Transaction Code (Instr			n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisal		Expiration Date	Title	Amo or Nun of Sha	nber							

Explanation of Responses:

1. These shares represent restricted stock units which vest in three equal annual installments beginning on the first anniversary of the grant date and will be settled in shares of the Issuer's common stock.

By: Elizaabeth A. Abdoo For: James F. Risoleo

02/13/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.