FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	

STATEMENT	OF CHANGE	S IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Stein A William				2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]							ck all applica Director	ble)	Person(s) to Iss)wner		
	THESDA A	irst) VENUE	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 10/17/2022							Officer (below)	give title	below	(specify	
SUITE 1300 4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)									
(Street) BETHES	SDA M	ID	20814									X		,	Reporting Person	
(City)	(S	state)	(Zip)													
		Ta	able I - Non-D	Perivat	ive S	ecurities	s Ac	quired, C	Disp	osed o	of, or Be	neficially	Owned			
Date				action 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a)		ed (A) or str. 3, 4 and 5)	5. Amount Securities Beneficial Owned Fo Reported	Fori ly (D)	6. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) c (D)	Price	Transaction	ransaction(s) nstr. 3 and 4)		(IIISU. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	rcise (Month/Day/Year) f tive	3A. Deemed Execution Date, if any (Month/Day/Year	4. Transa Code 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)			e and 7. Title and Amor Securities Under Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisable		piration ate	Title	Amount or Number of Shares		(Instr. 4)	(5)	
Deferred Stock Units Div. Equiv. Rights	(1)	10/17/2022		A		361.0919		(2)		(2)	Common Stock	361.0919	\$0.0	2,540.2:	5 D	

Explanation of Responses:

- 1. Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.
- 2. The dividend equivalent rights accrued on deferred stock units held by the reporting person and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan.

By: /s/ William K. Kelso, Attorney-in-Fact For: A.

10/18/2022

William Stein

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.