FORM 4

Check this box if no longer subject to

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549	
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STATEMENT	OF	CHANGES	IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MORSE JOHN B JR					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]							[Che	elationship of ck all applica Director	ble)	Persor	10% Ow	ner
	THESDA A	First) AVENUE	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/15/2022							Officer (below)	give title		Other (sp below)	pecify	
SUITE 1300				4	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BETHES	SDA M	ſD	20814											ed by One F ed by More	•	•	ng
(City)	(S	State)	(Zip)														
		T	able I - Non-D	erivat	ive S	ecurities	s Ac	quired, I	Disp	osed o	of, or Be	neficially	Owned				
Date				2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		ed (A) or str. 3, 4 and 5	Beneficial Owned Fo	ly I	6. Own Form: (D) or I (I) (Inst	Direct I ndirect E tr. 4) (7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	unt (A) or Pi			eported ransaction(s) nstr. 3 and 4)		(Instr. 4)	
			Table II - De (e.ç					uired, Di , options	•		•	•	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Execution E (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)		Derivative Securities Acquired or Dispos	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		6. Date Exercisabl Expiration Date (Month/Day/Year)		Securities Under		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisable		xpiration ate	Title	Amount or Number of Shares		(Instr. 4))II(3)		
Deferred Stock Units Div. Equiv. Rights	(1)	04/15/2022		A		198.6732		(2)		(2)	Common Stock	198.6732	\$0.0	26,569.18	866	D	

Explanation of Responses:

- 1. Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.
- 2. The dividend equivalent rights accrued on deferred stock units held by the reporting person will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan (the "Plan").

By: /s/ William K. Kelso, Attorney-in-Fact For: John B.

04/18/2022

Morse, Jr.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.