FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GOLDEN TERENCE C					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]								elationship of ck all applica Director	ble)) Perso	10% Ow	ner		
(Last) 6903 RO SUITE 1	CKLEDGE	irst) E DRIVE	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/15/2009 Officer (give title below)						Other (specify below)								
(Street)		TD.	20017		4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Inc Line)	Form file	ed by One	Repor	ting Person					
(City)		itate)	20817 (Zip)										Form file Person	ed by More	e than	One Reporti	ng		
		Ta	able I - Non	-Derivat	ive S	ecurities	s Ac	quired,	Dis	posed c	of, or Be	neficially	Owned						
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.			ties Acquir d Of (D) (Ins	ed (A) or str. 3, 4 and 5)	Securities Beneficial Owned Fo	5. Amount of Securities Securities Owned Following Reported		Direct Indirect Introduced Interest Int	7. Nature of ndirect Beneficial Dwnership			
								Code	v	Amount	(A) (D)	Price	Transactio				(Instr. 4)		
Restricted	d-Annual D	irector Stock Aw	vard	01/15/2	009			J ⁽¹⁾		199.37	704 A	\$6.195	24,901	.3747 D					
Common	Stock												31,637 D			D			
			Table II - I			curities IIs, warr							wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code		5. Number Derivative Securities Acquired or Dispose of (D) (Inst 4 and 5)	(A)	Expiration Date (Month/Day/Year)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Securities Unde		Underlying Security	8. Price of Derivative Security (Instr. 5)	derivati Securiti Benefici Owned Followin Reporte	ve ies ially ng	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisabl		xpiration ate	Title	Amount or Number of Shares		Transact (Instr. 4)	ion(s)				
Non- Employee Director Def. Stock Units	\$0	01/15/2009		J ⁽¹⁾		101.1815		01/15/200	9 1	2/31/2015	Common Stock	101.1815	\$6.195	12,637.	5751	D			

Explanation of Responses:

1. Pursuant to the Non-Employee Directors' Deferred Stock Compensation Plan, reporting person is required to reinvest cash dividends in shares of additional Host Hotels & Resort's common stock.

By: Elizabeth A. Abdoo For: Terence C. Golden

01/16/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.