FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

_			
Washington.	D.C.	20549)

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

OMB APPR	OVAL					
OMB Number:	3235-0362					
Estimated average burden						
hours per response:	1.0					

Form 3 Holdings Reported.

Eiled nursuant to Section 16(a) of the Securities Eychange Act of 1024

X Form 4	Transactions R	eported.	1 110	or Section					ompany A			1334							
1. Name and Address of Reporting Person* RAKOWICH WALTER C					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]							heck a		hip of Reporting Person(pplicable) ector		. ,	Issuer Owner		
(Last) 6903 ROO SUITE 15	(Fir	,	Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018								ar)		Office belov	er (give title v)	Othe belo	er (specify w)		
3011E 13				4. If Amen	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BETHESDA MD 20817				_									X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Sta	ate) (Z	Zip)																
		Table	e I - Non-Deriv	ative Sec	uriti	es Ac	quir	ed, Di	sposed	of, or	Ве	eneficia	ally O	wne	ed				
Date		Execution Date, if any		3. Transaction Code (Instr.					Disposed	Secu Bene		ficially		ership n: Direct	7. Nature of Indirect Beneficial Ownership				
				(MOHUI/Day/1	caij	8)				(A) or (D)	Price		Issuer's		Fiscal Ind		ect (I) r. 4)	(Instr. 4)	
Common Stock			05/14/2018	S4 ^t		1)	341		D	\$20.74		33,606.5467		6.5467	D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deri Secu Acqu (A) o Disp of (D	osed 0) tr. 3, 4	6. Date Exercisable a Expiration Date (Month/Day/Year) Date Exercisable Expira Exercisable		te Amou Secur Unde Deriv. Secur and 4		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amoun or Number of Title Shares		8. Price of Derivative Security (Instr. 5)				10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. This sale of common stock reported constitutes a trade pursuant to 10b5-1 Plan adopted by the reporting person on August 11, 2017.

By: Elizabeth A. Abdoo For: 01/17/2019 Walter C. Rakowich

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.