SEC Form 4	
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FORM 4

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 193	21
Filed pursuant to Section 10(a) of the Securities Exchange Act of 195	-+
or Section 30(b) of the Investment Company Act of 1940	

U obligat	n 16. Form 4 o tions may conti ction 1(b).		Filed p) of the Sec Investment				1934				ated ave	erage burden ponse:	0.5	
1. Name and Address of Reporting Person [*] Smith Gordon H					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									ble)	g Perso	10% Ow	ner	
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 10/17/2022								Officer (g below)	fficer (give title elow)		Other (specify below)		
(Street) BETHES		ЛD	20814	4	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Indi Line) X	Form file	loint/Group Filing (Check Applicat iled by One Reporting Person iled by More than One Reporting					
(City)	(\$	State)	(Zip)	Derivat	tive S	ocurition	s A c	nuired I	Dier		of or B	onof	icially					
Date			2. Transact	action 2A. Deemed Execution Date,		a, 3. Transaction Dispose Code (Instr.		rities Acquired (A) o ed Of (D) (Instr. 3, 4 a		or 5. Amount 4 and 5) Securities Beneficial Owned Fo		Form: (D) or		Direct I Indirect I str. 4)	7. Nature of ndirect Beneficial Dwnership			
								Code	v	Amount	(A) (D)	or	Price	 Reported Transaction(s) (Instr. 3 and 4) 				(Instr. 4)
			Table II - D (e	erivativ e.g., put	ve Seo ts, cal	curities IIs, warr	Acqu ants	uired, Di , option	spo s, co	osed of onverti	, or Bei ble sec	nefic uriti	ially O es)	wned				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Tra Security or Exercise (Month/Day/Year) if any Conversion		, Transa Code	nsaction Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amo Securities Under Derivative Secur (Instr. 3 and 4)		erlying urity	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitic Benefici Owned Followin Reporte Transac	ve es ally ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
			Code V (A) (D) Exercisable Date Title							ount or nber of ares		(Instr. 4)	. ,					

(2)

Explanation of Responses:

(1)

Deferred Stock Units Div

Equiv Rights

1. Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.

2. The dividend equivalent rights accrued on deferred stock units held by the reporting person and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan.

10/17/2022

By: /s/ William K. Kelso,

Attorney-in-Fact For: Gordon

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16,625.0892

10/18/2022

D

H. Smith

(2)

Commor

Stock

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.