FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* TYRRELL NATHAN S						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									ck all app Direc Office	tor er (give title	ng Per	10% Ov	wner
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 02/08/2021									below) below) Exec. VP, Investments					
(Street) BETHES (City)	SDA MI		0814 Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Form Form	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Table	I - No	n-Deriva	tive S	Secu	rities	Acc	quired	l, Dis	sposed of	, or E	Benef	iciall	y Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day)						Execution Date,					s Acquired (A) of (D) (Instr. 3, 4					Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount	(A) (D)	or Pr	ice	Transa	action(s) . 3 and 4)			(11341.4)				
Common Stock 02/08/20					021)21			A		104,868(1) A	١ :	\$0.0	.0 398,063			D	
Common Stock 02/08/20					021				F	50,90		I) \$	14.13	347,163			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any				Transaction Code (Instr.		vative vative varities valired variables varia	Expiration (Month/Da			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		De Se (Ir	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code		v	(A)	(D)	Date Exercisable		Expiration Date	or Numb of Title Share							

Explanation of Responses:

1. On February 4, 2021, the Compensation Policy Committee of the Issuer's Board of Directors determined that a portion of the performance goals for previously granted restricted stock units had been met, resulting in the vesting of these shares in the form of common stock on February 8, 2021. The underlying grants were as follows: (1) on February 8, 2018, the reporting person was granted an award of restricted stock units which vest based on the Issuer's total stockholder return (TSR) as compared to the Relative Lodging TSR, Relative NAREIT TSR, and Relative S&P 500 TSR; and (2) on May 15, 2020, the reporting person was granted an award of restricted stock units which vest based on the Issuer's performance against certain strategic objectives.

By: /s/ William K. Kelso For:

Nathan S. Tyrrell

02/08/2021

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.