Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per respense:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RISOLEO JAMES F						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify						
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE SUITE 1500						3. Date of Earliest Transaction (Month/Day/Year) 02/02/2012											Officer (give title below) EVP, Chief Investment					
(Street) BETHES	SDA M	ID tate)	20817 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)											lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(3		ole I - No	n-Deri	ivativ	e Se	curiti	ies A	car		Dis	nosed	of. or	Ben	eficiall	v Own	ed					
1. Title of Security (Instr. 3) 2. Tra			2. Tran Date	saction n/Day/Ye	ear)	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transac Code (II	ction	4. Secur	rities Ac		5. An Secu Bene Owne	. Amount of securities seneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
											v	Amount	: (A) or D)	Price	Trans	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock					02/02/2012							232,6	36	A	\$16.2	8 (603,090		D			
Common Stock				02/0	02/02/2012							102,960		D	\$16.2	8 5	500,130		D			
Restricted	d Stock			02/0	02/201	2				J ⁽¹⁾		232,6	36	D	\$16.2	8 4	454,128		D			
Restricted Stock			02/0	02/02/2012					J ⁽²⁾		393,6	513	D	\$0.0		60,515		D				
		-	Table II -									osed o				Owne	d					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed Date,	4. Transactio Code (Inst 8)		5. Number n of			Date Exer Diration I Dirath/Day	rcisal Date	ole and	7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		mount	8. Price Derivati Security (Instr. 5)	ve c	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A) (I		Date Exe	e ercisable		piration te			mount r umber f Shares							
Non- Qualified Stock Option (right to buy)	\$0.0								12/	/31/2010	05	/14/2019	Comm Stock		77,900			177,900	0	D		
Non- Qualified Stock Option (right to	\$0.0								12/	/31/2012	01	/20/2022	Comm Stock		7,110			7,110		D		

Explanation of Responses:

- 1. This transaction represents the release of restrictions on shares of restricted stock from the 2009 Performance Grant which vest based on performance objectives, and the inclusion of such shares into
- 2. These shares represent the forfeiture of restricted stock under the Comprehensive Stock Plan for the performance years 2009 2011.

By: Elizabeth A. Abdoo For: James F. Risoleo

02/06/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.