FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								

Section obligat	this box if no lo 1 16. Form 4 or ions may conti tion 1(b).													OMB Number: 32 Estimated average burden hours per response:				
1. Name and Address of Reporting Person* <u>MATHRANI SANDEEP</u>					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]								all applicabl Director	10% Owner			vner	
	st) (First) (Middle) 47 BETHESDA AVENUE ITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 05/20/2021								Officer (gi below)	ve title Other (specif below)			pecify
(Street) BETHES	GDA N	MD	20814		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indiv X	6. Individual or Joint/Group Filing (Check Applicable X Form filed by One Reporting Person Form filed by More than One Reporting F				, í	
(City)	(State)	(Zip)															
			Table I - Non	-Deriv	/ative	Securities	6 Ace	quired, I	Dis	osed o	f, or	Bene	ficially O	wned				
Date			Asaction 2A. Deemed Execution Date, if any (Month/Day/Year)		, Transaction Disposed Of (D) Code (Instr.		es Acquired (A) or Df (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								Code	v	Amount		(A) or (D)	Price	(Instr. 3 and 4)				(1150.4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	re Conversion Date Execution Date, Tran or Exercise (Month/Day/Year) if any Cod			Trans Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Expiration Date Securit (Month/Day/Year) Derivat			7. Title and Amount of Securities Underlying Derivative Security Instr. 3 and 4)		ng Derivative Security (Instr. 5)		ber of ive ies tially ng ed	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Date Expiration				N	mount or umber of hares			Transaction(s) (Instr. 4)						

Explanation of Responses:

(1)

Deferred

Stock Units

1. Each deferred stock unit represents the right to receive one share of common stock of the Issuer.

2. The deferred stock units were granted to the director in lieu of an annual stock award.

05/20/2021

3. The deferred stock units are fully vested and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Host Hotels & Resorts, Inc.'s Non-Employee Directors' Deferred Stock Compensation Plan

(3)

By: William K. Kelso For: Sandeep L. Mathrani ** Signature of Reporting Person

8,249.8527

\$<mark>0.0</mark>

Comme

Stock

(3)

05/24/2021 Date

50,045.8787

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Α

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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