FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

OMB APPROVAL
--------------

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  MARRIOTT RICHARD E						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [ HST ]								5. Relationship of Reporting (Check all applicable) Director				10% Owner	
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE SUITE 1500						3. Date of Earliest Transaction (Month/Day/Year) 11/17/2016								X Officer (give title Other (specify below) below)  Chairman of the Board					
(Street)  BETHESDA MD 20817  (City) (State) (Zip)					- 4. 11	Line) X Form filed b								n filed by O	r One Reporting Person  More than One Reporting				
		Tabl	e I - N	on-Deriv	ative	Sec	uritie	s Ac	quire	d, Di	isposed o	f, or B	enefi	ciall	y Owne	ed			
1. Title of Security (Instr. 3) 2. Tra				2. Transact Date	. Transaction late Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 at 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Own Form: (D) or I (I) (Inst	Direct I Indirect I tr. 4)	7. Nature of ndirect Beneficial Ownership (Instr. 4)
									Code	V	Amount	(A) or (D)	Price		(Instr. 3 a				
Common	Stock			11/17/2	016				G		375,000	D	\$16	.86	5,365,2	244.517	I	D	
Common Stock - Other															1,330	0,610			oy Partnership
Common Stock - Retirement Shares															1,8	338	I	D	
Common Stock - SpTrstee															320	,427		I I	oy Trust
Common Stock - Spouse															76,	957		I I	oy Spouse
Common Stock - Trust 10A - SM														73,	014		I 1	oy Trust	
Common Stock - Trust 10B - SM														73,	013		I l	oy Trust	
Common Stock - Trust 10C - SM														73,	013		I 1	oy Trust	
Common Stock - Trust DSM															217	,944	:	I 1	oy Trust
Common Stock - Trust JAM														200	,941		I 1	oy Trust	
Common Stock - Trust JWMIII														218	,968	:	I 1	oy Trust	
Common Stock - Trust MA														45,	292		I 1	oy Trust	
Common Stock - Trust SPM															160,195			I I	oy Trust
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of 2. 3. Transaction Date Execution Security or Exercise (Month/Day/Year)			emed 4. on Date, Trans		action (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		vative rities nired r osed )	6. Date Expira (Monti	tion D		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		S (I	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amoun or Numbe of Shares	r					

**Explanation of Responses:** 

By: Elizabeth A. Abdoo For:

11/18/2016

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.