FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     HAMILTON JOANNE G.						2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [ HST ]									eck all app Direc Office	tor er (give title	ng Perso	10% Ov	wner	
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300						3. Date of Earliest Transaction (Month/Day/Year) 05/15/2020									belov	v) VP, Huma	an Reso	below) ources		
(Street) BETHES (City)	SDA MI		0814 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									) X Form Form	idual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	3ene	ficia	lly Own	ed				
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execution					Disposed C	1. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			Benefic	ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	Amount	(A) (D)	or F	Price	Transa	ction(s) 3 and 4)			(11301.4)						
Common Stock 05/15/2					2020				A		32,285(1	A \$		\$0.0	.0 128,341		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date,		Code ( 8)	Transaction Code (Instr. 8)		vative rrities rosed ) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)  Amou or Numb of Title Share		str.	8. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		0. wnership orm: irect (D) r Indirect ) (Instr. 4)	11. Nature of Indirect Benefich Cownership (Instr. 4)			

## **Explanation of Responses:**

1. These shares represent restricted stock units which vest in three equal annual installments and will be settled in shares of the Issuer's common stock. On March 4, 2020, the Issuer approved a formula for determining the number of restricted stock units to be granted, subject to stockholder approval of our 2020 Comprehensive Stock and Cash Incentive Plan at our 2020 annual meeting, which formula divided a dollar value by the average of the closing prices of the Issuer's common stock on the New York Stock Exchange for the 60 calendar days up to and including the May 15, 2020 annual meeting date.

> By: /s/ William K. Kelso For: Joanne G. Hamilton

05/19/2020

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.