FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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STATEMENT	ΩF	CHANGES	IN F	RENEFICIAL	OWNERSHIP
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OMB APPROVAL										
OMB Number:	3235-0287									
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hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Preusse Mary Hogan					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]								(Check all appl		ble)	Person(s) to Issu 10% Ov		ner
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 01/17/2023								Officer (g below)	give title	Other (s below)		ecify	
(Street)			20014		4. If Amendment, Date of Original Filed (Month/Day/Year)						3. Indiv ∟ine) X	• /						
BETHES	SDA N	ID	20814	_								Form filed by More than One Reporting Person				ng		
(City)	(S	state)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date				action 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 and 1)			ed (A) or str. 3, 4 a	and 5) Securities Beneficiall Owned Fol		Form y (D) o	Form: D	: Direct · Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	٧	Amount	(A) or (D) Pr		e	Reported Transaction(s) (Instr. 3 and 4)				nstr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou Securities Underl Derivative Securi (Instr. 3 and 4)		ing	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	ly C	Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisabl		xpiration ate	Title	Amoun Number Shares			(Instr. 4))II(3)		
Deferred Stock Units Div. Equiv. Rights	(1)	01/17/2023		A		986.7217		(2)		(2)	Common Stock	986.72	217	\$0.0	3,733.93	53	D	

Explanation of Responses:

- Each dividend equivalent right represents the right to receive one share of common stock of the Issuer.
- 2. The dividend equivalent rights accrued on deferred stock units held by the reporting person and will be settled in shares of the Issuer's common stock on a date selected by the reporting person pursuant to the Issuer's Non-Employee Directors' Deferred Stock Compensation Plan.

By: /s/ William K. Kelso, Attorney-in-Fact For: Mary

01/18/2023

Hogan Preusse

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.