FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GHOSH SOURAV					2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]									heck	all app	licable) tor	g Person(s) to I		
(Last) (First) (Middle) 4747 BETHESDA AVENUE SUITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 02/13/2020									X	Officer (give title below) SVP, Strategy 8		below)``	
(Street) BETHESDA MD 20814 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable lee) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - Non	n-Deriva	ative	Sec	uritie	s Acc	quire	ed, Di	sposed o	of, o	r Ben	eficia	lly (Owne	d		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,			Co	Transaction Disposed Of (D) (I Code (Instr. 5)							ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Co	de V	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock 02/13/					/2020		F	3	398	398 D S		\$16 .	87	7 17,980		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, 7	ransaction ode (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expir	te Exerc ation Da th/Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instrand 4)					9. Number or derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	,	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	or Nui of	nber					

Explanation of Responses:

By: William K. Kelso For: Sourav Ghosh

02/18/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.